



Workshop Level Up Your Leadership



The world of work is shifting.

Communication and connection are crucial, especially in a hybrid workplace.

This workshop develops and reinforces the skills that every top performer needs to lead a harmonious, human and high impact organization. It's fun and effective!

This workshop trains managers to:

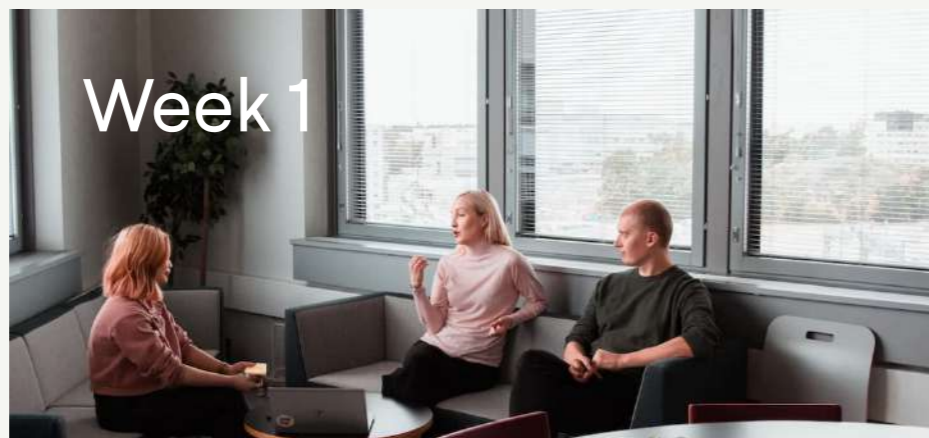
- Build Interpersonal Emotional Intelligence (IEI)
- Become clear and direct communicators
- Give and solicit feedback that gets results
- Master meetings that people will want to contribute to
- Navigate difficult conversations with confidence
- Expand their circles of influence.



How it works:

- Six group sessions for 6-10 people held weekly
- Each workshop is 1.5 hours and immersive.
- Practical exercises are followed by immediate feedback
- Assignments between sessions reinforce learnings and prepare participants for the next workshop
- Participants receive a "Manager Toolkit" upon completion.

Week 1



Interpersonal Emotional Intelligence (IEI) and Persuasion

- Learn the skills of interpersonal emotional intelligence and how to put it into practice
- Understand and implement the neuroscience of persuasion
- Give compliments that build allies
- How to spot and deal with low EQ people

Week 2



How To Give and Gather Feedback That Gets Results

- How to turn negative feedback into constructive learning
- How to make someone feel special by saying very little
- Judgment vs. observation and why it matters
- Why and how top performers solicit feedback

Week 3



Make Your Meetings Matter More

- Invite meaningful participation
- Make 1-on-1s more motivating
- Unconscious bias: ensure everyone gets heard – even the quiet ones
- The other side of excellent communication: empathetic listening!

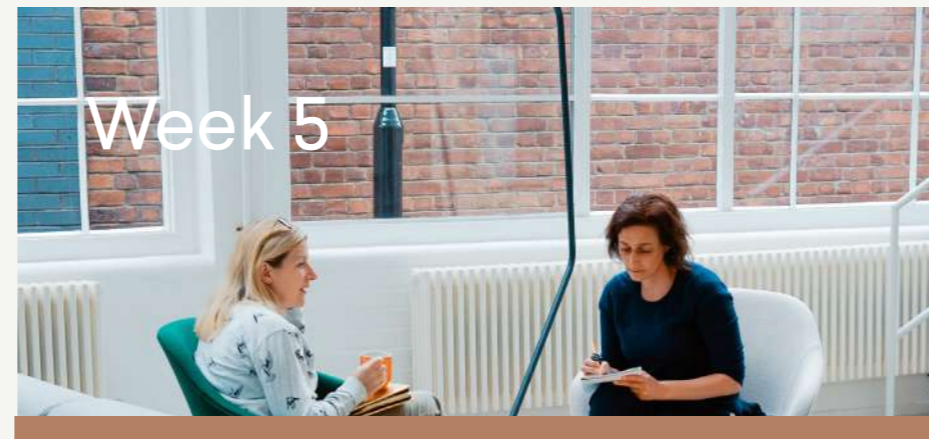
Week 4



How to Attract and Keep Top Talent

- How to motivate your team to buy into what you're trying to accomplish
- Communicating your vision
- Five ways to build a learning culture without a huge budget
- The hidden dividends of letting people know they are appreciated

Week 5



Navigating Difficult Conversations. How to discuss what matters

- How to turn a "What happened?" conversation into a learning conversation
- Getting what you want/need: Requests vs. demands
- Reduce interpersonal stress and create a more harmonious working environment

Week 6



Navigating Difficult Conversations, Part 2

- Shifting from a blame mindset to a mutual contribution mindset
- How to establish "The Third Story" to reduce conflict
- Difficult people: How to spot them, how to work with them, how to ensure they don't poison your party.

Let's talk.

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