

# 1:1 Coaching Executive Presence

Be the exec who sparks explosive growth and leads a dynamic, compelling company culture!

Executive presence is not a trait; it's a skill you cultivate and practice. It's the missing link between ability and success. It is built on your ability to connect, your skills as a communicator, and the confidence you are able to inspire in subordinates, peers, senior leaders and the outside world.



This series coaches high performers to become relationship-driven leaders who speak with clarity, assurance and purpose. They're comfortable addressing a room of 1 or 1,000. Their demeanor telescopes their potential for greatness.

The results are career – and life – changing.

## This weekly program trains you to:



- Become a clear communicator who can frame an argument and build consensus
- Give and solicit meaningful feedback that leads to change
- Lead great meetings that people will want to attend
- Communicate your vision and motivate your team to buy into your goals
- Navigate difficult conversations

## How it works

- 12 or 24 weekly one-on-one coaching sessions, plus skill building exercises to practice between sessions.
- 1 hour each.
- Optional "Before" and "After" meetings with your supervisor or mentor to assess changes.
- Review materials are provided.



It happens all the time, all over the world: Talented people who are great at their jobs are thrust into positions with little or no training in how to lead. That occurred to me years ago and the learnings were painful and slow.

It doesn't have to be that way!

This program guides you to lead with more purpose and humanity. Knowing how to forge stronger connections and communicate powerfully will enable you to build champions inside and outside of your organization. You will widen your sphere of influence and you will unlock hidden strengths you didn't know you had.



## Some topics we'll address:

**Building self-awareness and a deeper awareness of others**

**Making a mark that sets you apart**

**Gathering feedback from above and from below**

**Becoming an exceptional listener who invites greater engagement**

**Learning to move challenging situations in a productive direction**

**Operating with composure under stress**

**Having more fun as you take on more responsibilities**

**Mastering your meetings**

I developed this program over ten years. It is based on principles from the neuroscience of persuasion, Nonviolent Communication, mindfulness training, and lessons learned in the school of hard knocks.

Are you ready to take your professional development to the next level?

Let's talk!

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